

Tools	Packed?
Pump (fits schraeder and presta valves)	
Tyre levers	
Allen keys (2, 2.5, 3, 4, 5, 6 and 8mm)	
Torx T25 key (for disc bolts)	
14mm socket (for crank bolts)	
Chain tool	
Cross head screw driver	
15mm pedal spanner	
Spanners to fit bikes being used (8, 9, 10, 14, 15mm are common)	
Shockpump	
Spoke key	
Spares	
Inner tubes (presta valve fits any rim)	
Puncture repair kit (check the glue hasn't set)	
Tyre patches / boot (plastic toothpaste tube makes a great cheap tyre boot)	
Lube / oil / GT85	
Cable ties (various sizes)	
Duck tape (5m+)	
Spare brake and gear cables	
Spare chainlinks and joining pins or quicklinks	
4" long M12 bolt and nuts (emergency pedal)	
Expedition or remote riding tools and spares	
Crank extractor	
Superglue	
Pliers with cable cutter	
Hypercracker or similar for removing cassettes	
BB socket with 8mm allen key converter	
Spare seat pin bolts	
Spare mech hangers (specific to bikes in use)	
Emergency single speed kit	
Spare folding tyre	
Selection of spare nuts, bolts, washers etc	
Pannier and trailer spares, spare securing straps	
Multi-tool with knife, can opener etc	
Spare spokes (specific to bikes in use) or multi-fit Kevlar spokes	
Spare brake blocks / pads specific to each bike	
Spare cleats and fixing plates for clipless pedals / shoes	

Please remember a downloaded sheet cannot replace proper training and experience, no one can take responsibility for your actions but you. Enjoy your adventures, be safe and try to come home in one piece.