

Carbon-Monkey Mountain Bike Checklist

		Check Date				
Area of bike	Check					Notes
Front tyre	Tread, no splits, cracks, holes, tyre pressure (40-50psi)					
Front wheel	True, no broken/missing spokes, rim damage?					
Front hub	No wobble, spins smoothly, QR correctly tightened + orientated (Loose cones)					
Front brake	Fixed to fork, springs return arms easily (Dusty springs slowing arm return)					
Front brake pads	Correctly aligned, not rubbing on tyre, wear line still clear, toe in slightly					
Front brake lever	Firmly fixed to bar, pulls 1/2 way back smoothly, not bent					
Front brake cable	Pulls smoothly through outer, not frayed or corroded					
Headset / steering	No wobble, no grinding when turning					
Handlebars	Firmly fixed, correct angle, no bends / stress marks, bar end caps fitted					
Forks	Appears true, no bends, cracks, dents or oil leaks					
Frame	Appears true, no bends, cracks, dents					
Rear brake lever	Firmly fixed to bar, pulls 1/2 way back smoothly, not bent					
Rear brake cable	Pulls smoothly through outer, not frayed or corroded					
Rear brake	Fixed to stays, springs return arms easily (Dusty springs slowing arm return)					
Rear brake pads	Correctly aligned, not rubbing on tyre, wear line still clear, toe in slightly					
Rear tyre	Tread, no splits, cracks, holes, tyre pressure (40-50psi)					
Rear wheel	True, no broken/missing spokes, rim damage?					
Rear hub	No wobble, spins smoothly, QR correctly tightened + orientated (loose cones)					
Cassette	Firmly fixed, no bent or worn rings / teeth					
Rear mech	Chain threaded correctly, indexed through all gears, end stops properly adjusted					
Chain	No excessive sideways movement, rust or wear. (Lubricate)					
Chainset	Straight, no wobble on axle, no bent or worn rings / teeth					
Pedals	Complete, free spinning, not bent, not loose in crank arm					
Bottom Bracket	No wobble, spins smoothly, no grinding					
Front mech	Straight inline with chainset, end stops properly adjusted					
Gears	Indexed, smooth shifting, no skipping, lubricated					
Gear shifters F+R	Complete, free lever movement, note cracks etc					
Gear cables	Pulls smoothly through outer, not frayed or corroded					
Saddle	Rails straight, fixed firmly, correct angle (approx level with floor)					
Seat post	Lightly grease, not bent, no stress marks					
Seat clamp	Correctly adjusted, tight when fully closed, not corroded					
Mechanics Initials:						